

# ANTI-BULLYING PLAN 2022-2024

## Green Valley Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

### Resources

The NSW anti-bullying website (see: <u>https://antibullying.nsw.gov.au/</u>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

#### Green Valley Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

## 1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

#### 1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	Behaviour code for students, discuss school rules and behaviour expectations and responsibilities.
	What is Bullying?
	To promote inclusiveness, respect and community belonging in Australian schools.
	How to ask a friend if they are okay.
Term 2	Behaviour code for students, discuss school rules and behaviour expectations and responsibilities.
	Student Voice-Turning by-standers into up-standers.
	What is cyberbullying and how to get students to respond positively.
Term 3	Behaviour code for students, discuss school rules and behaviour expectations and responsibilities.
	Creating a safe playground environment.
	Anti-bullying National Day of Action against bullying and Violence. Term 3-Week 5-Friday 18th August 2023.
	What to do if someone is being bullied.
	How to seek help and support others.
Term 4	Behaviour code for students, discuss school rules and behaviour expectations and responsibilities.
	Social and emotional learning. Discuss the five broad areas.
	How to respond positively situations-strategies to manage anxiety.

#### 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	You Can Do It lessons to be discussed and developed within teams.
	Revisiting You Can Do It scope and sequence for the year
	Whole school behaviour responsibilities
Term 2	You Can Do It lessons to be discussed and developed within teams.
	Revisiting You Can Do It scope and sequence for the year
	Whole school behaviour responsibilities
	Week 5 - Anti Bullying lesson/unit to be taught (Unit 1)
Term 3	You Can Do It lessons to be discussed and developed within teams.
	Revisiting You Can Do It scope and sequence for the year
	Whole school behaviour responsibilities
	Week 5 - Anti Bullying lesson/unit to be taught (Unit 2)
	Professional Learning - Cyber Bulling/Police Youth Liaison Officer for Stage 3.
Term 4	You Can Do It lessons to be discussed and developed within teams.
	Revisiting You Can Do It scope and sequence for the year
	Whole school behaviour responsibilities
	Week 5 - Anti Bullying lesson/unit to be taught (Unit 3)
	Professional Learning – Different ways to teach social and emotional skills in the classroom (Question box role plays etc)

NSW Department of Education | PD-2010-0415-01-V1.1.2 | Applicable from 27/01/2021 If this is a printed document, refer to the department's Policy Library for the most recent version.

#### 1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

Our new and casual staff to Green Valley Public School will go through an induction process before starting. Within this will be:

- Whole school Anti-Bullying plan 2023

- Whole school behaviour procedures including `Thinking Lights', behaviour cards and Behaviour Responsibilities of Teachers, Assistant Principals and The Principal.

Information is provided in a handout to staff when they enter on duty at the school

An executive staff member speaks to new and casual staff when they enter on duty at the school.

The principal speaks to new executive staff when they enter on duty at the school, as part of the induction process.

#### 2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

#### 2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan

✓ NSW Anti-bullying website ✓ Behaviour Code for Students

#### 2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Term One	Meet the teacher night - Defining student bullying and school supports.
Term Two	School website school Facebook and/or school newsletter - How to ask a friend if they are okay.
Term Three	School website school Facebook and/or school newsletter - Cyberbullying
Term Four	School website school Facebook and/or school newsletter -How to respond positively situations-strategies to manage anxiety

## 3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

Date:

• Whole school Wellbeing program to be implemented K-6 (You can do it). Weekly 'You Can Do It' Character focus.

- Buzz Days- One per term
- K-6 Wellbeing focus groups
- PBL consistent rules / signs displayed around the school
- Bee awards (PBL)
- Consistent rules and behaviour across all classes (Behaviour cards and Planning Room)
- Breakfast Club Tuesday-Thursday
- Structured play equipment available for all students to access during lunch and recess
- Anti-Bullying lessons implemented in conjunction with the PD/H/PE syllabus

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