

# Green Valley Voice

Green Valley Public School

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Issue 1- Term 1- Week 3

Monday 10th February 2014

## PRINCIPAL'S REPORT



Welcome back to the new year at GVPS. We have been very fortunate to not need to make any class changes this year. We estimated that we would have the number of students for 18 classes and this is what we have been able to do.

This means that teachers this week have commenced programs in their classes and have begun to work towards the first *100 days of learning*. You should find this year that your child will be able to tell you what day of learning they are up to. This for example is day 6 of learning. At the end of 100 days we will be holding a celebration to showcase our first *100 days of learning*.

One of the big pushes this year is to increase the level of engagement of students in their learning, to decrease disruptive behaviours to learning and to also increase your engagement with your child's learning. The *100 days of learning* approach is one such way that we aim to do this. Ask your children about it and the new morning routine and see what they say.

Tomorrow afternoon, we will hold an **information evening** to start off the year. We need you to come along for this meeting. Help us to show your children how important education is by spending a couple of hours here at the school.

On the night you will get the chance to meet all staff, hear of plans for this year across the school and to learn some ways in which you can help us to bring about better results for your child.

This night is designed to provide you with information about the class program for your child this year and meet your child's class teacher.

The format of the night will start with a session in the hall together at 5pm.

Grades will then meet together from 5.30-6.30pm.

Information has been included in this newsletter regarding the **parking restrictions** at the front of the school.

In the No Parking area can I please ask that you move as far forward in the queue as possible when dropping off or collecting children and abide by the 2 and 3 rule. That is, you may only stay for 2 minutes and be no more than 3 metres from your vehicle.

Mr B Warwick  
Principal

## SCHOOL INFORMATION

### SCHOOL HOURS

Students need to be at assembly lines each morning at 8.50am. School finish time is 2.55pm.

### OOPS

We are asking parents to sent a change of clothes with their Kinders in case of toileting accidents during the day.

### FOUND

A set of keys with a home brand tag. Please contact the school office.

### GATE OPENING TIMES

In the interests of student safety and learning, we will only be providing access to the school to collect students from 2.50pm each afternoon.

The pedestrian gates will only be open from 2.50pm each afternoon for collection of students. Please wait until this time before entering the school unless of course on other official school business.

### SCHOOL NEWSLETTER

Our Green Valley Voice newsletter is published fortnightly. Please have a thorough read through each time to ensure you are up to date with events and other news. Please take particular note of the Diary Dates on p3 as there are often dates here that are of importance to you and your children.

### STUDENT BANKING

Student Banking is every Thursday. Bank Books are to be placed in the box provided in the office before 9.00am. Application packs are available if your child would like to participate in school banking and these can be collected from the school office. School Banking offers students incentives to save and the P&C receives fundraising support from the bank from all deposits made.

## SCHOOL INFORMATION NIGHT 2014

Tuesday 11th February  
5pm

## GELATO

The P&C will be selling Gelato every Friday afternoon after school near the Kinder rooms. Cost: \$2 each.

## SCHOOL PHOTOS Wednesday 19th February

### FAMILY PHOTOS

If you would like a photo of all your children together, you can pick up a family photo package envelope from the school office. Return the envelope with the correct money inside to one of your children's classroom teachers. **THIS OFFER IS ONLY AVAILABLE TO STUDENTS AT SCHOOL NOT FOR ADULTS OR CHILDREN OUTSIDE OF GREEN VALLEY PUBLIC SCHOOL.**



### FULL SUMMER SCHOOL UNIFORM TO BE WORN

School Photo envelopes have been sent home. Parents are to choose the package that suits them and return the sealed envelope with the correct money (the school office will not give change) to the **classroom teacher**. The last day to pay for photos is the 18th February. **No orders can be taken on photo day.**

### UPDATING OF DETAILS

When your details change such as phone numbers and addresses, it is important that we know. Please contact the office to fill in a new contact details sheet every time your details change.

### FAMILY COURT MATTERS

Please let the school know if your circumstances change in regards to any legal matters that impact upon your child such as AVOs and custody orders.

### SAFETY IN SCHOOL ZONES

Please remember to 'Go 40' between 8-9.30am and 2.30-4pm on school days.

Here are a few valuable safety tips from Council's Road Safety Officer:

Children are small and hard to see. Children can have a short attention span, poor peripheral vision and are easily distracted.

Always drive at 40km/hr during school zone times. Driving at a lower speed means you have more time to react to a child's actions and may therefore reduce the severity of an injury if a collision does occur.

Obey parking signs such as 'No Stopping' and 'No Parking'. You must not stop at all on a section of road that is marked 'No Stopping'. In a 'No Parking' area you can pick up and drop off as long as you stay no longer than 2 minutes and the driver of the vehicle does not move more than 3 metres from the vehicle.

Always set a good example when crossing the road. Children under the age of 10 should always hold the hand of an adult when crossing the road. Always cross the road at the marked



## DIARY DATES

*Dates are subject to change due to unforeseen circumstances, \* indicates new or changed dates since last newsletter.*

### FEBRUARY

- 11 Meet the Teacher Night
- 12 P&C Meeting
- 13 First Fitness Club for Years 3-6
- 14 PSSA Trials
- 17 Fitness Club K-2
- 19 Fitness Club 3-6
- 19 School Photos
- 20 GVPSSA Swimming Carnival
- 24 Fitness Club K-2
- 26 Fitness Club 3-6
- 28 School's Clean Up Australia Day
- 28 PSSA Season 1 Round 1

### MARCH

- 3 Fitness Club K-2
- 5 Fitness Club 3-6
- 7 PSSA Round 2
- 10 Fitness Club K-2
- 12 Fitness Club 3-6
- 13 Selective High School Test
- 14 PSSA Round 3
- 18 SWS Zone Swimming Carnival
- 17 Fitness Club K-2
- 19 Fitness Club 3-6
- 19 P&C Meeting
- 21 Harmony Day
- 21 PSSA Round 4
- 24 Last Fitness Club K-2
- 26 Last Fitness Club 3-6
- 28 PSSA Round 5

### APRIL

- 4 K-6 Assembly
- 5 PSSA Round 6
- 7 Stage 1 Workers in the Community Fun Day
- 8 Parent/Teacher Interviews
- 9 Buzz Day
- 10 Easter Hat Parade
- 10 P&C Easter Raffle
- 11 PSSA Round 7
- 12 Last day of Term 1

**Gate locked between  
9.15 & 2.50 each day.**

**Between these hours  
all visitors please  
report to the office.**



**Next P&C**

Wednesday 12th February  
9.00am in the school Staffroom  
All Welcome.

crossings or designated safe place to cross. Never call your child across the road.

These 40km school zones are there to enhance the safety of all children in and around the vicinity of schools. Here are four good reasons to slow down to 40km in school zones:

A child hit by a vehicle travelling at 40km/h has a good chance of surviving the impact. A child hit by a vehicle at travelling at 60km/h has little chance of surviving the impact.

OFFENCE	FINE	DEMERIT POINTS
<b>Stop or Park at:</b>		
Pedestrian Crossing	\$405	2
A Childrens Crossing	\$405	2
Any Marked Foot Crossing	\$405	2
Double Park	\$304	2
Park on Footpath	\$169	2
No Stopping Zone	\$304	2
No Parking Zone	\$169	2
Bus Zone	\$304	2
Use Mobile Telephone	\$405	4
Reverse Unsafely	\$236	3
Not Wear Seat Belt	\$304	3
Parallel park close to dividing line/strip	\$236	0

At 40km/h it will only take you about 30 seconds to go from one end of the school zone to the other.

Children only concentrate on what they think is important, and forget about anything else.

Children see things differently to adults. Children are often impulsive and don't see danger. Children don't have the ability to judge the speed of approaching vehicles.

#### INCREASED PENALTIES FOR SCHOOL ZONES

Starting on 21 May 2007, the RTA increased the penalties for traffic and parking offences in school zones. New fines and demerit point increases include:

Speeding - minimum fine of \$177 and two demerit points

Approach children's crossing too quickly to stop safely - \$506 fine and four demerit points

Double parking - \$304 fine and two demerit points

Stopping on or near a children's crossing - \$405 fine and two demerit points.

(All fines correct as at 1 July 2013)

For a full list of all new penalties and offences, please visit [www.rms.nsw.gov.au](http://www.rms.nsw.gov.au) or call 13 22 13.

## LIBRARY NEWS

Welcome back to school for 2014. We are planning for another exciting year in our school library. So check the newsletter and the school and library websites for what will be happening. Parents if your year 1-6 students have found any missing library books at home, please get them to return books to their class teacher or to Mrs Reardon or Mrs Whittle in the library.

Kindergarten parents, your children will soon be starting library lessons. Please ensure they have a library bag so that they can borrow. A bag ensures that books are protected and can be kept in a safe place at home and returned on their borrowing day. Later this term we will be introducing kindergarten students to the "Bedtime Bag" program. We look forward to welcoming you and your children to the school library.



Library Lover's Day is on the 14<sup>th</sup> February so you will be hearing lots about how our students can love their library.

## SCHOOL SHOES



Below are not acceptable unless sport days.





# FACT SHEET



## HEALTHY LUNCHBOXES

The following information provides a guide for the sorts of foods that should make up a healthy lunchbox and those products that are best left out.

### Fruit & Vegetables

Fruit and vegetables are a **good source of vitamins, minerals and dietary fibre.**

Chop fruit and vegies for the lunchbox so that it's quick and easy to eat.

#### LUNCHBOX IDEAS:

- snack packs of carrot and celery sticks (for older children only), corn cob, snow peas, cherry tomatoes, cucumber
- pieces of fresh fruit eg. apple, pear, kiwi, strawberries, orange, grapes and bananas
- diced or chopped fruit in natural juice
- dried fruit – not every day as they are sticky
- salad filling in a sandwich, wrap or roll



### Breads & cereals

Breads & cereals -are a good source of nutrients and help to fill hungry children. Use wholegrain or wholemeal varieties to boost dietary fibre.

#### LUNCHBOX IDEAS:

- sandwiches, rolls, wraps
- fruit bread, scones, pikelets
- crackers, dry biscuits, rice cakes
- rice, noodles, pasta



### Meat & other protein sources

Meat & other protein sources- lean meat, fish, chicken, eggs and legumes are a good source of protein and iron. Limit the use of sausages and processed luncheon meats such as devon and salami as they are high in saturated fat and salt.

#### LUNCHBOX IDEAS:

- lean beef, lamb, pork, chicken (trimmed of fat), tuna or salmon - filling in sandwiches, rolls and wraps or added to salad
- cooked egg in salad or sandwiches
- baked beans, lentil patty
- left-over meat-based casserole, rissoles, meat-based pasta sauce



For more information and ideas on healthy eating and physical activity go to [www.healthykids.nsw.gov.au](http://www.healthykids.nsw.gov.au)



Health

# SPORT NEWS

## Swimming Carnival 2014



On Friday 7<sup>th</sup> February 2014, 15 Green Valley students along with Miss Chiovo and Miss Pauk, travelled to Michael Wenden Leisure Centre to compete in various events at the Swimming Carnival. Congratulations to the following students who represented Green Valley and tried their absolute best in every event they entered: Kalebb Kalcher, Keiran Brook, Xavier Brook, Trinity Brook, Tayllah Kalcher, Alan Nguyen, Denise Coates, Zain Davis, Lauchlan Croft, Cindy Nguyen,



Zane Woods, Tejal Pradhan, Felicity Olivares, Jason Van, Isabella Rawlins. A special mention goes to Keiran Brook, Xavier Brook and Kalebb Kalcher who attempted the Individual Medley, and Tayllah Kalcher who completed the challenging event. Thank you to the parent helpers who attended on the day. Students will be notified soon if they have made it to the Zone Carnival.



## PSSA Trials

Green Valley PSSA trials will be held on Friday 14<sup>th</sup> February 2014. Students in Years 3, 4, 5 and 6 will be given the opportunity to try out for Boys Softball, Boys Basketball, Boys Oz Tag, Mixed Newcombeball, Girls Soccer and Girls Touch.

PSSA coaches will trial students based on a range of skills and will finalise their decision with a game. Please be aware that some trials will be held on Mihajlovic Oval behind the school. **Please ensure that your child has permission to attend trials at Mihajlovic Oval by having returned a 'Long Term Permission Note'.**

Students will be notified by a note whether they have been successful. Students who make a PSSA team are required to make a financial payment which will cover administration fees to the GVPSSA and the cost of transport to and from the venue.

Students will be committed to a training day that could be held out of school hours. Some students will also have the responsibility of looking after a jersey which they have to bring in their bag every Friday and will have to return at the end of the season. Failure to return a jersey will require a payment of \$20.00. Parents are welcome to attend their child's PSSA game. Students who are unsuccessful will be participating in school sport on a weekly basis. More information to follow.



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