

Green Valley Voice

Green Valley Public School

We're here to inspire students to be the best they can be

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www.greenvalley-p.schools.nsw.edu.au



Issue 16 Term 3 Week 10

Monday 18th September 2023

PRINCIPAL'S REPORT

It seems incredible to think we are heading into the spring holidays and term 4 is just around the corner. It has been a wonderful term with so much on for our students to take part.

Last week our dancers and singers performed brilliantly at the Western Liverpool Festival of Performing Arts. Congratulations to all involved and a huge thank you to all staff who have worked for the year to prepare the students for this event. Thanks also parents and carers for your support of the students throughout the year and the additionally enthusiastic support on the performance nights last week; the students certainly knew where you were all sitting.

We've had spelling bees, speech competitions, athletics, excursions and swimming scheme just to name a few. Our running track and long jump pit were officially opened and the students have been very enthusiastic in its use at lunch and recess breaks.

Our Year 3 and 5 NAPLAN results went home during the term and we had some pleasant results in writing and improvement between Years 3 and 5, but know we have work to do especially in improving our mathematics results.

We also have work to do in improving our attendance rates. Each school has a target to improve the percentage of students attending school greater than 90% of the year. It goes without saying really, but to get better outcomes for students, they have a much better chance if they attend school every day unless ill.

The school crossing guard, Mr Geoff Gray, is not on duty supervising the crossing this week and the first week of term 4. A message is being repeated each day on the Sen-tral App to remind families of this so they can ensure the safe arrival of their children to school each day. We will have a staff member keeping an eye on the departure of students in the afternoon at the crossing area but are not RMS trained.

As we head into the warmer part of the year, it is time for our school to take part in bushfire preparations. The bushland at the rear of our school is zoned a Category 3 bushfire area. This means our health and safety department will plan with me what our steps are in the event of a bushfire. For areas such as ours, it will generally mean we shelter in place or in high smoke conditions or immediate fire threat that we evacuate to Winnall reserve. More details as the plans are developed.

Our applications for Kindergarten 2024 are currently open and it is important that any applications, either non-local or local, are submitted by the end of this term. At the start of next term we will determine how many of our non-local enrolments can be accepted. The NSW Department of Education enrolment policy changed in 2019. A change that was made to the policy was to place an enrolment cap on all schools. Our cap is 416. It also placed a buffer so that when enrolments approach the buffer (ours is 408) a school would need to form an enrolment panel to determine how many non-locals could be accepted. We may need to form a panel but will wait until the start of next term to see if this will be necessary. **For those of you who already have a child at Green Valley and are hoping to bring their sibling as well next year, please know that the likelihood of this occurring is very high.** Our number one criteria for accepting non-locals is "sibling already enrolled at the school".

We have had a wonderful term and look forward to a great term 4 starting on Monday 9th October.

Mr B Warwick, Principal

COVID 19

Please remember in the interest of the safety of all, that even though your child may not test positive to COVID 19 they must be symptom free to attend school. This helps prevent the spread of any other illnesses as well.

K-6 ASSEMBLY HOSTED BY 2D & 2P

WHEN: Friday 22nd September

TIME: 9.10am

WHERE: School Hall

Parents/Family Welcome, All visitors on site must sign in using the QR code on arrival or via the book at the office if not able to use QR codes.

Traditional Indigenous Games

BUZZ DAY

Friday 22nd September
K-6 Assembly 9.10am
Bring it on Sports after lunch

Bring it on Sports will bring us "Yulunga" Traditional Indigenous Games that were developed to provide all Australians with a greater understanding and appreciation of Indigenous culture

The games are suitable for all ages.

P&C FOOTY COLOURS FUNDRAISER

Friday 22nd September
BUZZ DAY

GOLD COIN DONATION

SUMMER UNIFORM

All students will transition into **FULL SUMMER UNIFORM** from Monday 9th October.

Uniforms can be purchased from the Uniform shop every Monday & Wednesday morning. They can also be ordered any morning at the office and will be delivered to your child's classroom on Mondays & Wednesdays.

Black school shoes only. Grey socks (unless a sport day) for boys and white socks for girls.



Open Monday and Wednesday
8.30am – 9.00am



DIARY DATES

Dates are subject to change due to unforeseen circumstances. Changed dates are underlined.

SEPTEMBER

- 19 Children's Parliament Heckenberg
- 19 Stage 3 Excursion—Western Sydney Airport
- 20 P&C Meeting
- 22 K-6 Assembly (2D & 2P)
- 22 P&C Fundraiser—Footy Colours Day gold coin donation
- 22 Buzz Day

OCTOBER

- 10 Stage 1 Public Speaking Final
- 11 Stage 3 Public Speaking Final
- 12 Stage 2 Public Speaking Final
- 13 ES1 Public Speaking Final
- 13 PSSA Gala Day Season 3
- 17 Musica Viva—Moon Radio Hour
- 17 Children's Parliament Heckenberg
- 18 P&C Meeting
- 19 Art Exhibition
- 19 Public Speaking Final at William Stimson P.S.
- 27 P&C Halloween Disco
- 31 Extra curricular and Sports photos
- 32 Children's Parliament Heckenberg

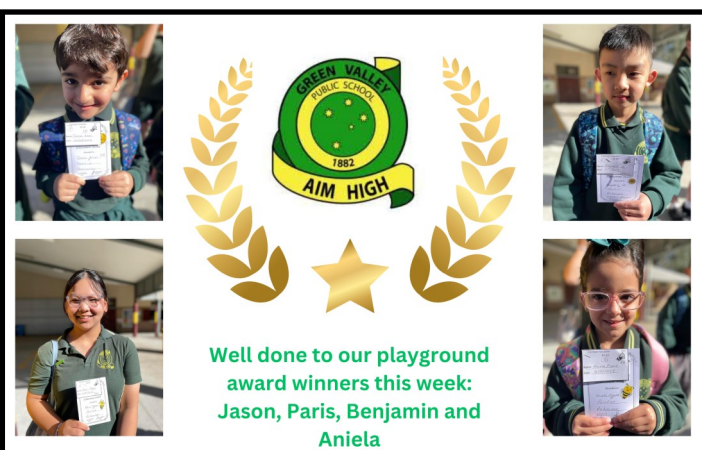
NOVEMBER

- 1 Book Fair arrives
- 2 K-2 Assembly KB Hosting
- 3 3-6 Assembly
- 7 Last day for Bookfair
- 8 Children's Parliament Council Chambers

NEXT P&C MEETING

WEDNESDAY 20TH SEPTEMBER

9AM- ALL
WELCOME





KINDERGARTEN 2024

CONTACT US 02 9607 8710
Enrol now: <https://greenvally-p.schools.nsw.gov.au/about-our-school/enrolment.html>

ENROL NOW






Last day of Term 3
Friday 22nd September

First day of Term 4
Monday 9th October

Congratulations

A big congratulations to the wonderful staff at our school for receiving an award at the Cowpasture Schools Network Awards for 2023. Well done to Mrs Shearer, Mrs Ongu, Mrs Houda Krayem and Mrs Yousif for all that you have done for Green Valley Public School.

Statement of Attainment in Apply First Aid and CPR

HLTAID011 & HLTAID009

Course description:
This nationally recognised training is available for up to 15 Aboriginal and/or Torres Strait Islander applicants, to gain the knowledge and practical skills to apply first aid to casualties and perform CPR. Be ready to help others and potentially save a life!

This course also provides:

- the opportunity to complete pre-course theory in a supportive, online environment, at your own pace, before the practical course delivery
- all course materials

Please note the pre-course work will be available to you online once you enrol and must be completed before the practical training.

Course outcomes:
Graduates will be issued with a Statement of Attainment in Apply First Aid and CPR (HLTAID011 and HLTAID009) and gain the confidence to treat anaphylaxis, burns, cuts, cardiac arrest and respond to other emergencies.

How to get involved:
Conditions and eligibility criteria apply. For more information or to enrol, please email Michelle Wilson via TAFE@tafe.nsw.edu.au or phone 0498 665 601.

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tafe.nsw.edu.au/course-area
131 601

TAFE NSW

GET GROOVING FREE DANCE WORKSHOPS

SCHOOL HOLIDAY SESSIONS 1.5 HOUR DANCE WORKSHOP


Join the fun at these locations:

Liverpool Public School

Scan the QR Code to register!

www.groovenation.com.au

SCAN HERE



Statement of Attainment in Mental Health

CHCMHS001

Course description:
This course can help you learn how to help people experiencing mental health issues or illnesses. In any one year in Australia, one in five people will experience a mental health issue or illness. While mental health issues and illnesses are common, the experience and circumstances of each individual with a mental health issue or illness is unique. In this course, you will learn the skills and knowledge to establish relationships, clarify needs and then work collaboratively in a recovery based way to support people who are living with mental health issues or illnesses. The skills and knowledge you gain in this unit are relevant for any role that comes into contact with people experiencing mental health issues or illnesses.

Please note: this course is delivered online via self-paced learning; however, you will be required to participate in a live role play (online) to demonstrate your skills and knowledge.

Course outcomes:

- A nationally accredited Statement of Attainment
- Credit toward a full qualification
- The ability to provide support that empowers others to reach their goals
- Specialist skills in responding promptly and supportively in situations of distress or crisis

How to get involved:
Conditions and eligibility criteria apply. For more information or to enrol, please email Michelle Wilson via TAFE@tafe.nsw.edu.au or phone 0498 665 601.

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TAFE NSW



GET GROOVING FREE DANCE WORKSHOPS

SCHOOL HOLIDAY SESSIONS 1.5 HOUR DANCE WORKSHOP

Join the fun at these locations:

Ashcroft Public School

Scan the QR Code to register!

www.groovenation.com.au

SCAN HERE



SWIM SCHEME



Western Liverpool Festival of **PERFORMING ARTS**



Last week, Green valley Public School performed at the Western Liverpool Festival of Performing Arts. Our Choir, Junior and Senior dance put on an amazing show at the Liverpool Catholic Club. We are proud of all the students who participated in this event. Well done!



**In 5/6Q, we enjoy
doing different
artworks.**



FRESH SANDWICHES

Vegemite OR Jam	\$2.50
Cheese OR Ham	\$3.00
Ham & Cheese	\$4.00
Cheese & Tomato	\$4.00
Tuna	\$3.50
Tuna, Lettuce & Mayo	\$4.00
Chicken Breast	\$4.00
Ham, Cheese & Tomato	\$4.50
Chicken, Lettuce & Mayo	\$4.50
Chicken, Cheese & Mayo	\$4.50
Salad	\$5.00
Any Meat & Salad	\$6.00
Gluten-Free Bread	+\$1.00
Upgrade to a Wrap	+\$1.50

HOT FOOD ITEMS

Cheesy Toasted Roll	\$3.50
Cheese & Bacon Roll	\$3.20
Homemade Sausage Roll	\$4.00
Meat Pie	\$5.50
Potato Wedges V	\$4.00
Spinach & Ricotta Roll V	\$4.50
Hot Dog	\$4.00
Chicken Hot Dog	\$4.00
Chicken Nuggets x 6	\$5.00
Chicken Mamee Noodle Cup	\$3.50
Gluten-Free Nuggets x 6 GF	\$5.50
Sauce portion	\$0.50

SPECIALTY WRAPS (All Wraps \$7.00)

Chicken Caesar Wrap
(Grilled Chicken, Cos Lettuce, Cheese, Ham and Caesar Dressing)

Chicken Goujon Wrap with Salad
(Chicken Goujon Fingers, Lettuce, Carrot, Cheese, and Aioli)

Vegetarian Wrap
(Baby spinach, Carrot, Cucumber, Red Onion, Tomato & Hummus)

Peri Peri Chicken (Mixed leaf, Tomato, Cheese, Red Onion & Peri Peri sauce)

Sweet Chilli Chicken Wrap
(2 chilli tenders with fresh lettuce and mayo)

PIZZA

(MONDAY TO THURSDAY)

Cheese Pizza	\$5.00
Ham & Cheese	\$5.50
Pepperoni & Cheese	\$5.50

HOT MEALS

Meatball Pasta	\$5.50
Butter Chicken & Rice GF	\$5.50
Spaghetti Bolognese	\$5.50
Nachos	with Veg \$3.50
	with Beef \$5.00
	the Lot \$6.50
Lasagne	\$5.50
Ravioli	\$5.00
Cheesy Chicken Pasta	\$6.00
Gluten Free Spaghetti GF	\$6.00

CRUSTY SUB ROLLS (All Subs \$7.50)

Choose 1 option:
Chicken Schnitzel, Chicken Breast, Ham, Tuna, OR Italian Meatballs

Choose your salads:

Carrot, Cheese, Onion, Tomato, Lettuce, Cucumber, Olives, Beetroot

Choose your dressings:

Caesar, Garlic Aioli, Ranch, Sweet Chilli, Tomato, BBQ, Mayo OR Mustard

Extra Meat **+\$2.00**
Add a 600ml Bottle Water **+\$1.00**

BURGERS

Chicken Fillet Burger (with Lettuce & Mayo)	\$5.50
Beef Burger with Cheese	\$6.00
Beef Burger with Lettuce & Tomato	\$6.50
Vege Burger	\$6.00
Crumbed Chicken Fillet Burger with Cheese	\$6.00

Fresh Start Canteens

BREAKFAST

Hash Brown	\$1.50
Hot Chocolate	Reg \$2.00
Toasted Sandwich	From \$3.00
Assorted Fresh Fruit	From \$1.50
Fruit Salad Cup	\$3.50
Fruit Salad Bowl	\$4.50
Fresh Baked Muffins	\$2.00
Fresh Juice, Milk & Cereal	\$1.50

are sold over the counter each morning

DRINKS

Oak Flavoured Milk	Small \$3.20
Chill J Drink	\$3.20
Juice Popper	\$2.50
Water 600ml	\$2.50
Up n Go	\$3.50

FRESH SALADS

Garden Salad **GF & V**
(Lettuce, Tomato, Carrot & Cucumber)
Regular \$5.00
With Meat \$6.00

Caesar Salad
(Lettuce, Ham, Croutons, Cheese & Dressing)

Baby Spinach Salad **GF & V**
(Baby Spinach, Tomato, Olives, Cucumber & Cheese)

Vegetarian Salad **GF & V**
(Mixed Lettuce, Tomato, Onion, Cucumber, Corn & a Drizzle of Vinaigrette)

Pasta Salad **NEW**
(Pasta, Tomato, Pepperoni, Cheese, Corn, Onion & Mayo)

Greek Pasta Salad **NEW**
(Pasta, Tomato, Cucumber, Red Onion, Olives & Fetta)

Sweet Chilli Chicken Salad
(Garden Salad served with sliced Sweet Chilli Tenders & Mayo)

Regular \$6.00
With Meat \$7.00

Add a 600ml bottled Water **+\$1.00**

Free Dressing Choice of:
Italian, French, Balsamic or Caesar

GF - Gluten Free
V - Vegetarian

ORDER YOUR LUNCH

All online ordering can be done through Flexischools. To register go to:
www.flexischools.com.au

Cut off time for online lunch orders is 9:00am or handed directly to the canteen each day.

Please note: Noodle cups & Ice blocks and Recess Orders are to be collected from the canteen by the student.

SNACKS & ICE BLOCKS

Homemade Fresh Muffins	\$2.00
Banana Bread	\$3.00
Popcorn GF	\$1.00
Quelch Stick	\$1.00
Mamee Noodles Snack	\$1.50
Frozen Juice Cup	\$1.50
Ice Mony Ice Block	\$2.00
Juicee Tube Ice Block	\$2.00
Red Rock Deli Chips GF	\$2.50
Moosie	\$3.00

Fresh Start Canteens

Eating enough fruit and vegetables is important to support your children's health and wellbeing.

Do you know many serves of fruit and vegetables your family needs?

FRUIT
RECOMMENDED NUMBER OF SERVES PER DAY

1 SERVE Very young children (0-3 years)	1½ SERVES Young children (4-8 years)	2 SERVES Older children (9-11 years)	2 SERVES Teenagers (12-18 years)	2 SERVES Adults (19+)
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1 SERVE OF FRUIT = 1 medium fruit = 2 small fruit = 1 CUP of berries or soft fruit (uncooked)

VEGETABLES
RECOMMENDED NUMBER OF SERVES PER DAY

2½ SERVES Very young children (0-3 years)	4½ SERVES Young children (4-8 years)	5 SERVES Older children (9-11 years)	5 - 5½ SERVES Teenagers (12-18 years)	5 - 6 SERVES Adults (19+)
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1 SERVE OF VEGETABLES = ½ CUP of leafy greens = 1 CUP of vegetables = ½ CUP of beans or lentils = 1 medium tomato = ½ medium potato

NEED MORE: To find out the amount of serves your child should be eating from all the food groups check out the food calculator at healthyliving.nsw.gov.au/food/how-much-should-i-be-eating

COMMUNITY SPONSORSHIP

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Green Valley NSW 2168 admin@gvd.net.au Saturday 9AM - 3:00PM

www.greenvalleydental.com.au Find us on  

This space is available for advertising.
The cost of an advertisement is \$50.00 per term for business card size in full colour.
If you wish to take up this offer, please contact the school office for more details.

Christian Elizabeth Early Learning Centre

299 Whitford Road, Green Valley, NSW, 2168

Phone 02 9826 7338
Mobile 0466 617 774

Email christianelizabethelc@outlook.com
Web www.christianelizabethelc.com.au

VALLEY HEIGHTS PRESCHOOL
Long Day Care Centre

HIGH QUALITY EARLY LEARNING EDUCATIONAL CENTRE

Before & After School Care **9826 0266**

161 Green Valley Road (Cnr Currawong Street) Green Valley 2168

- Educational School Readiness Program
- Language and Literacy
- Pre-reading and Writing
- Mathematics
- Science and Exploration
- Physical Development
- Music and Movement
- Creative Arts
- Accredited Centre
- University Trained Teachers

Long's Martial Arts Academy

Our Trading hours:
Tuesday Children's: 6:00pm till 7:00pm
Adults: 7:00pm till 8:00pm
Thursday children's: 6:00pm till 7:00pm
Adults: 7:00pm till 8:00pm

We are Active Kids Provider
Please come & Trial for two weeks Lesson for **ONLY \$15**
Once you join Received **FREE** Uniform
For More Information come & talk with us.

WE'RE COVID SAFE

Green Valley Public School (Hall)
173 Green Valley Road, Green Valley NSW 2168
Call Us on: 0403 723 368

United OOSH Services

For Safe, inclusive & genuine CARE for your child!
Before and After School Care
and THE ORIGINAL & BEST Vacation care Program
in town

Before School Care 6am - 9am
After School Care 2.30pm - 6pm
Vacation Care 6am - 6pm

*Prices as low as \$5 per day, per child!! (Pending CCS)
ACCS Applicants welcome!

02 8218 2483 M: 043983743
admin@unitedoosh.com
<https://unitedooshservices.wixsite.com/oosh>
Located within Busby West Public School
Via Sparrow Lane
Green Valley, 2168